

Ramadan

A lot more than a holy month...





What is Ramadan ?

- **Ramadan is the sacred month in Islam during which Muslims fast from dawn to sunset.**
- **It holds significance because the Quran was revealed to the Prophet [pbuh] during this period.**
- **This month is devoted to reflection, prayer, and fostering a sense of community among Muslims.**



<https://www.youtube.com/watch?v=Qa2f7gdP4vw>

**We will now view a video on Ramadan.
Please pay close attention, as there will
be a quiz afterward.**



Is It Obligatory ...

Fasting is not mandatory for everyone. Individuals exempt from fasting include:

- **young children**
- **senior citizens**
- **those who are unwell**
- **new mothers**
- **and travellers.**
- **Everyone else is required to observe the fast.**



What should you do in Ramadan ?

- **Prayers**
- **Charity**
- **Night prayer (tarawih)**
- **Communal gatherings (iftar)**
- **Zakat**
- **Looking after our neighbours**
- **Distributing food .**



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Why fast..

- **Muslims believe that fasting enables them to empathise with individuals experiencing food scarcity.**
- **It motivates them to focus on more purposeful pursuits, including prayer and assisting the disadvantaged through acts of charity.**
- **Moreover, communal dining plays an important role during Ramadan.**



What happens at the end of Ramadan ?

- **At the conclusion of Ramadan, a significant celebration known as Eid takes place.**
- **Families and communities come together to mark the occasion.**
- **During Eid, it is customary to greet one another with "Eid Mubarak," while during Ramadan, the greeting is "Ramadan Mubarak."**
- **People dress in special attire for the festivities.**
- **Many also adorn their hands with intricate henna designs, similar to this one.**



Quiz time



- **How long does Ramadan last ?**
- **What is the meal called that Muslims eat before starting their fast in the morning?**
- **What is the name of the major festival that celebrates the conclusion of Ramadan?**
- **What is the special prayer observed during Ramadan referred to as?**
- **Identify the five categories of individuals who are exempt from fasting.**
- **What do Muslims traditionally use to break their fast?**
- **What is the purpose behind Muslims fasting?**



**Any
Questions ?**

Thank
you for
listening!

