

## 10.02.2025 Online Safety

For thinking time as the children entered the hall, I asked to think about the three people they chose from the 'Right to be Safe' assembly we held two weeks earlier. This was so that they knew they could also turn to those people about online worries:

**Thinking time:** who were the 3 people in school you chose to turn to with your worries?



But what are online worries. We discussed the children's ideas together before looking and explaining some of the possibilities I had thought of:

**This includes online worries.**



What might be an 'online worry'?

Pop-ups

Cyber-bullying

Unknown friend requests

Pictures or words  
that make me feel  
uncomfortable

People trying to get you  
do or say something

We then thought about other places that children could find support and help if they had any online worries. One child even remembered the actions to go with the NSPCC telephone number from our NSPCC assembly and showed the rest of the school!

Need to talk to someone?

Trusted adult, Police, NSPCC:

**0800 1111**, email [help@nspcc.org.uk](mailto:help@nspcc.org.uk)

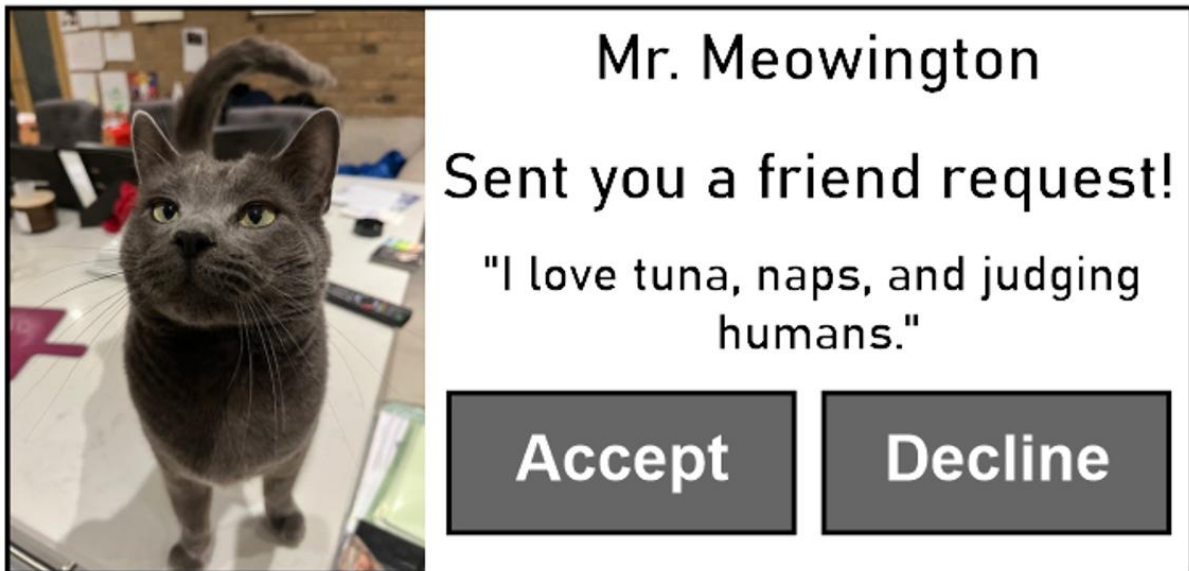
## 10.02.2025 Online Safety

I gave them some easy rules to remember to help the children stay safe online and we discussed each one:

Easy rules to remember:

- Protect personal information
- Stranger Danger
- Think before you Click
- Be Kind
- If something feels wrong, get help
- Always Question

We then finished with a question to consider, would you accept this friend request?



This got some very interesting responses! We talked about how easily some children let their guard down and were taken in by the cute cat! But do we really know this person? Are we questioning who it is and what we need to do? We talked through the scenario of taking time to question, think carefully and asking for help. We finished by reiterating those guidelines:

**Remember: you have the right to be safe.**

- Protect personal information
- Stranger Danger
- Think before you Click
- Be Kind
- If something feels wrong, get help
- Always Question