



Highfield Inclusion News



Dear parents and carers,

Welcome back to the Autumn Term. I hope that you and your family had a lovely break. This is the Autumn Term Inclusion Newsletter for parents and carers. We hope that you find this informative.

Thank you to those who completed the SEN parent/ carer questionnaire sent out at the end of the Summer Term. Please can I ask you to complete these and return them to school, if you haven't already, by Friday 13th September.

Our Autumn term coffee morning will be held on **Wednesday 25th September at 9am**. This will be a general SEN coffee morning, where you are welcome to drop in and chat to some of the inclusion team about any matters related to your child's individual SEN needs. We hope that you can find that the coffee morning provides you with the opportunity to network with other families, to reach out and offer support to each other, but also to know that you are not in this alone. We hope that you will be able to attend this coffee morning. If you aren't able, please don't worry. Information will be shared on the school website following the event.

If you have any further questions, or would like to talk to us about any concerns which you have, please get in touch with me (SENCO) on 0113 2930155 or via email senco@highfield.leeds.sch.uk . My SEN days as SENCO continue to be Monday to Thursday.

Kind regards,

Mrs Lucy Dalgliesh (SENCO) and Mrs Joanna Shelley (Deputy SENCO)

New SEN Provision Rooms

Thank you so much for all of your help in resourcing and raising money to develop our new Nurture Room and Sensory Room here at Highfield Primary. We are very grateful for your support. Here are some photographs of the two rooms. We look forward to them being used by our children.

Nurture Room:



Sensory Room:



Supporting the return to school

The Summer Holidays are long, and it can take children time to get used to the return to school. Here are some tips that you might find useful, especially for these first few weeks:

1. **Structure and Routine** – Help your child to understand what each day will look like for them, when they are not at school. In the classroom, we use visual timetables, so that children know how each day is organised. You might find this useful at home e.g after school may look like this – home, snack, playing, tea, bath, teeth, story, bed. This will help them to get into a routine and will know what to expect.
2. **Chill time/ down time** – after a busy day at school, especially at the start of the term, your child might benefit from having some chill time/ down time. This might include them having a safe space with some of their favourite things, where they can play or relax, to help them to decompress after the day.
3. **Limit screen time** – try to limit screen time, and ensure that screen time is not close to bed time. If screen time is a distraction, consider removing access to screens from bedrooms, especially close to bedroom.
4. **Getting enough sleep** – this links to all of the points above. It is really important that your child gets a good night sleep every night so that they can focus on the school day ahead. Try to remove distractions from the room, so that they can relax.
5. **Connect** – we encourage you to communicate with your child's class teacher and teaching assistant, especially if you have any concerns or anything which you would like to share. Talk also to your child about how their day has been, what they are enjoying, things they are finding more difficult etc.

Individual Education Plans

Pupil Passports with individual targets and provision to support your child, will be sent home by Friday 20th September. Please sign and return these. If you have any questions, please speak to your child's class teacher in the first instance, I will be happy to speak with you after this, with any other questions that you may have. The plans will be followed for the Autumn term and then reviewed and updated for the Spring term.

Useful websites:

[Leeds SENDIASS](#)

[Leeds SEND Local Offer | Leeds Local Offer](#)

<https://highfield-primary.co.uk/key-information/send/>

[Leeds Parent Carer Forum – The voice of parent carers in Leeds](#)

[Home - SEMH](#)

[What is autism](#)

[What is ADHD - About ADHD \(adhduk.co.uk\)](#)

[Developmental Language Disorder \(DLD\) educational support - Speech and Language UK: Changing young lives](#)

[Leeds Community Healthcare NHS Trust - Speech and Language Therapy Toolkit](#)

[Maths - Topmarks Search](#) [English - Topmarks Search](#)

Assess Plan Do Review cycle for children with SEND:

