

03.09.2024 Whole School Assembly: Overcoming Challenges

Thinking time whilst coming into assembly:

How am I going to make a great start today?

What can I do?

We started with how the staff thought they could make a great start to the school year and set the example for the children: smile, say please and thank you, greet everyone they meet. And then the children gave their ideas: helping each other, making sure no-one is left alone in the playground and giving every task their best effort.



The story of Kate Shortman and Izzy Thorpe

To start the theme of the assembly, Kate Shortman and Izzy Thorpe were introduced, two of our Olympians. They compete in the artistic swimming a sport GB have never won a medal in – so they were battling against history. 4 years ago they were at a low point and they needed to make a decision...

- They had been working hard together for 10 years, coached by Izzy's mum
- But at the Tokyo Olympics in 2020 Kate and Izzy finished a long way off the medals in 14th
- As a result UK Sport stopped their funding, so they had no money to continue

Time to stop, it obviously wasn't meant to be...



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But no, they didn't accept that. They got jobs and continued to train as hard as they could to overcome such a difficult position. They were determined to succeed, against all odds they believed in themselves, never gave up and worked every day. This was the result:



Belief + Effort + Attitude = Success