

Online Safety Parent Workshop



February 2023

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Foundation Stage and Key Stage 1

Year	Category	Lesson Title	Description
FS / Year 1		Going Places Safely	Pupils learn that they can go to exciting places online, but they need to follow certain rules to remain safe.
		A-B-C Searching	Pupils search for pictures online by clicking on letters of the alphabet. They learn that directory sites with alphabetical listings offer one way to find things on the Internet.
		Keep It Private	Pupils learn that many websites ask for information that is private and discuss how to responsibly handle such requests.
		My Creative Work	Pupils are introduced to the concept of having ownership over creative work. They practice putting their name and date on something they produce.
		Sending Email	Pupils explore how they can use email to communicate with real people within their schools, families, and communities.

Year	Category	Lesson Title	Description
Year 2		Staying Safe Online	Pupils understand that they should stay safe online by choosing websites that are good for them to visit, and avoid sites that are not appropriate for them.
		Follow the Digital Trail	Pupils learn that the information they put online leaves a digital footprint or "trail." This trail can be big or small, helpful or hurtful, depending on how they manage it.
		Screen Out the Mean	Pupils learn that children sometimes can act like bullies when they are online. They explore what cyberbullying means and what they can do when they encounter it.
		Using Keywords	Pupils understand that keyword searching is an effective way to locate information on the Internet. They learn how to select keywords to produce the best search results.
		Sites I Like	Pupils discuss criteria for rating informational websites and apply them to an assigned site. Pupils learn that all websites are not equally good sources of information.

Year	Category	Lesson Title	Description
Year 3		Powerful Passwords	Pupils explore reasons why people use passwords, learn the benefits of using passwords, and discover strategies for creating and keeping strong, secure passwords.
		My Online Community	Pupils explore the concept that people can connect with one another through the Internet. They understand how the ability for people to communicate online can unite a community.
		Things for Sale	Pupils examine product websites and understand that the purpose of the site is to encourage buying the product. Pupils learn methods used to promote products on these sites.
		Show Respect Online	Pupils explore the similarities and differences between in-person and online communications, and then learn how to write clear and respectful messages.
		Writing Good Emails	Pupils learn how to communicate effectively by email, taking into account the purpose and audience of their message, and the tone they want to convey.

Key Stage 2

Year	Category	Lesson Title	Description
Year 4		Rings of Responsibility	Pupils explore what it means to be responsible to and respectful of their offline and online communities as a way to learn how to be good digital citizens.
		Private and Personal Information	How can you protect yourself from online identity theft? Pupils think critically about the information they share online.
		The Power of Words	Pupils consider that they may get online messages from other kids that can make them feel angry, hurt, sad, or fearful. Pupils identify actions that will make them Upstanders in the face of cyberbullying.
		The Key to Keywords	Pupils learn strategies to increase the accuracy of their keyword searches and make inferences about the effectiveness of the strategies.
		Whose Is It, Anyway?	Pupils learn that copying the work of others and presenting it as one's own is called plagiarism. They also learn about when and how it's ok to use the work of others.

Year	Category	Lesson Title	Description
Year 5		Strong Passwords	Pupils learn how to create secure passwords in order to protect their private information and accounts online.
		Digital Citizenship Pledge	Pupils work together to outline common expectations in order to build a strong digital citizenship community. Each member of the class signs a We the Digital Citizens Pledge.
		You've Won a Prize!	Pupils learn what spam is, the forms it takes, and then identify strategies for dealing with it.
		How to Cite a Site	Pupils reflect on the importance of citing all sources when they do research. They then learn how to write bibliographical citations for online sources.
		Picture Perfect	Pupils learn how photos can be altered digitally. They will consider the creative upsides of photo alteration, as well as its power to distort our perceptions of beauty and health.

Year	Category	Lesson Title	Description
Year 6		Talking Safely Online	Pupils learn that the Internet is a great place to develop rewarding relationships. But they also learn not to reveal private information to a person they know only online.
		Super Digital Citizen	Pupils explore Spider-Man's motto, "with great power comes great responsibility" through the lens of digital citizenship. They create comic strips show a digital superhero who witnesses an act of poor digital citizenship, and then helps resolve it.
		Privacy Rules	Pupils learn that children's websites must protect their private information. They learn to identify these secure sites by looking for their privacy policies and privacy seals of approval.
		What's Cyberbullying?	Pupils explore how it feels to be cyberbullied, how cyberbullying is similar to or different than in-person bullying, and learn strategies for handling cyberbullying when it arises.
		Selling Stereotypes	Pupils explore how the media can play a powerful role in shaping our ideas about girls and boys. They practice identifying messages about gender roles in two online activity zones for kids.

Instagram



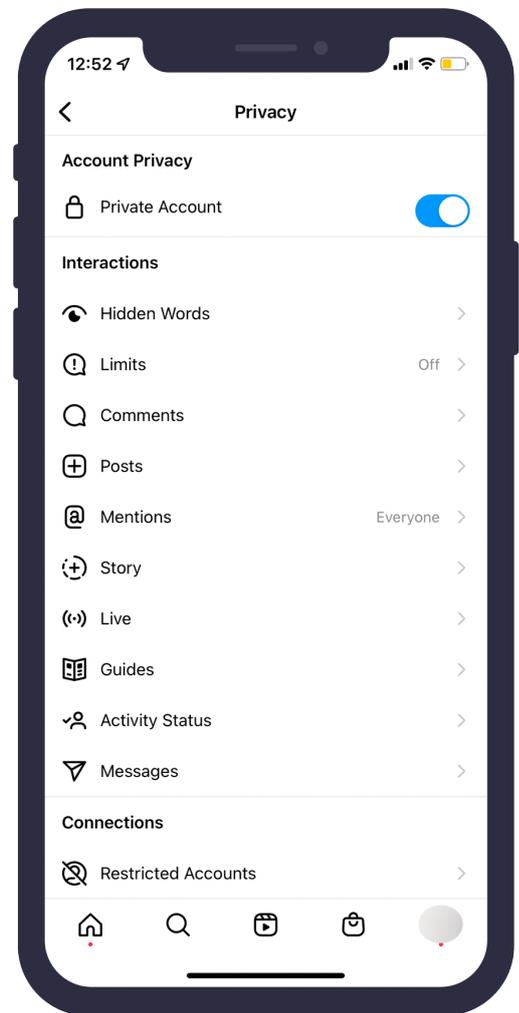
Instagram is a mobile based photo-sharing app which allows users to share pictures and videos either publicly or privately. Just like other social networks, you can interact with other users on Instagram by following them, commenting on their posts, liking their posts, tagging and private messaging. Keep in mind that when your profile is created and set to public, anyone can find and view your profile, along with all of your photos and videos.

Stay safe on Instagram using the instructions on **Privacy, Blocking & Reporting** below.

Privacy

Set your account to private using these simple instructions:

- On your profile tap  in the top right corner then tap on Settings.
- Scroll down and tap on **Privacy**.
- At the top beside **Private Account** swipe the tab to the right so it appears blue, your account is now **private**.



Block

Block a user using these simple instructions:

- On the users profile, tap on the 
- Tap **Block**.
- Tap **Block** again to be extra sure the contact has been blocked.

Report

Report an image using these simple instructions:

- Locate the image you wish to report.
- Tap on the  icon.
- Tap **Report**. Select why and hit **Submit**.

Facebook



Facebook is one of the world's largest social media platforms, with over 2.27 billion active monthly users. It allows individuals to create profiles, upload photos and videos, connect with family and friends and share content from elsewhere on the web.

Stay safe on Facebook using the instructions on **Safety & Privacy Settings, Blocking & Reporting** below:

Settings

Adjust your safety settings on your Facebook account:

- Tap on  in the bottom right hand corner.
- Scroll down and tap on **Settings & Privacy**.
- Select **Settings**.

Block

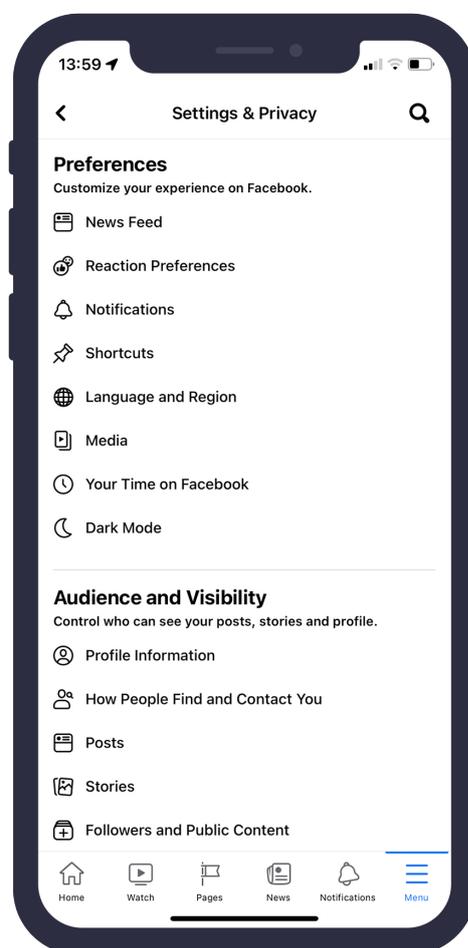
Block a user using these simple instructions:

- Click on the user's profile and then tap on the  icon.
- Tap on **Block**.
- To confirm, tap on **Block** again.

Report

Report a user using these simple instructions:

- Click on the user's profile and then tap on the  icon.
- Scroll down and tap on **Find Support or Report Profile**.
- Select what you think is wrong with the post.
- Once you select an option that suits you, tap it and then tap **submit to Facebook** for review.



Disney+ has brought viewers some of our all time favourites from *The Lion King* to *Frozen*. With Disney +, users can watch all their favourite films and TV shows. Although this platform caters to a younger audience, there are some titles which might not be suitable for younger children.

Use our helpful guidance below to ensure a safe viewing experience.

Restrict certain content for your Disney+ account:



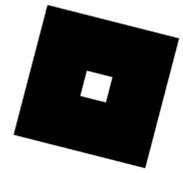
- From your web browser, visit Disney+.
- Log in to your account.
- Go to your **Profile**.
- Select **Edit Profiles**.
- You will see a list of the profiles you have made.
- Select the profile you want to change.
- Move the toggle to the right to switch on **Kids Profile**.
- Don't forget to hit **Save**.

Turn off Autoplay on your Disney+ account:



- Navigate to your **Menu**.
- Select **Edit Profiles**.
- Select the profile you want to turn Autoplay off on.
- Move the toggle to the right beside the profile you decide on.

Roblox



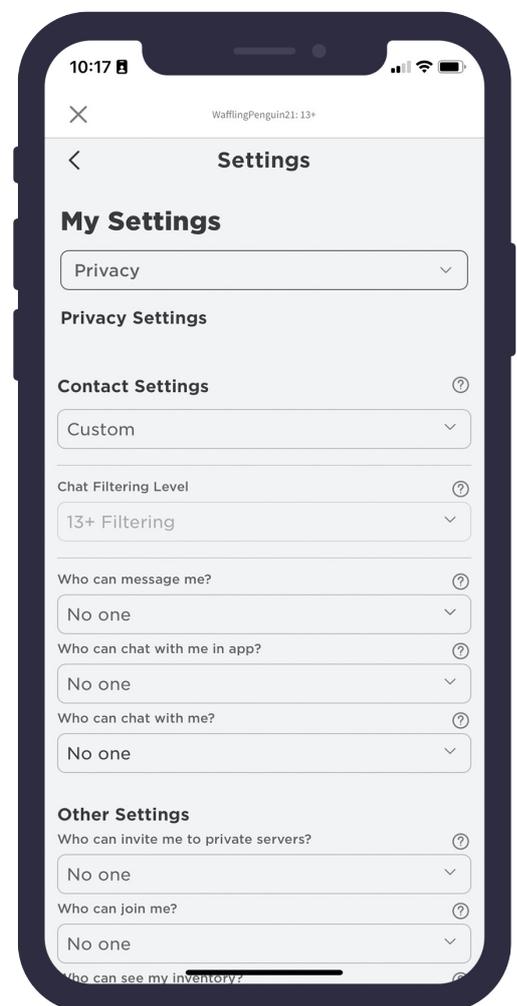
Roblox is a platform where users can create, access and play games. As there is a public forum on Roblox, children and young people could potentially be exposed to strangers and inappropriate content.

Stay safe on Roblox using the instructions on **Privacy**, **Reporting** and **Blocking** below.

Privacy

Set your account to private using these simple instructions:

- Along the bottom navigation bar tap on 
- Scroll down and tap on **Settings**.
- Tap on **Privacy**. From here you can control who messages you, invites you to servers, and much more.



Block

Block a user using these simple instructions:

- On the users profile, tap on the 
- Tap **Block User**.
- Tap **Block** again to be extra sure the contact has been blocked.

Report

Report a user using these simple instructions:

- Underneath the game you want to report, tap on 
- Tap on **Report**.
- Then select why you are reporting and tap **Report Abuse**.

YouTube Kids



YouTube kids allows children and young people to watch and search for the shows they like and discover new ones. It contains videos that are uploaded to YouTube but it has an algorithm that pulls out appropriate videos for younger children.

Stay safe on YouTube Kids using the instructions on **Parental Controls, Blocking & Reporting** below.

Parental Controls

Configure the Parental Controls with these simple instructions:

- Tap on  in the bottom right corner of the app & then complete the multiplication.
- Tap on **Settings** and then select your child's profile.
- Enter your password. Here you can configure **content settings, allow search control** and **watch history**.

Block

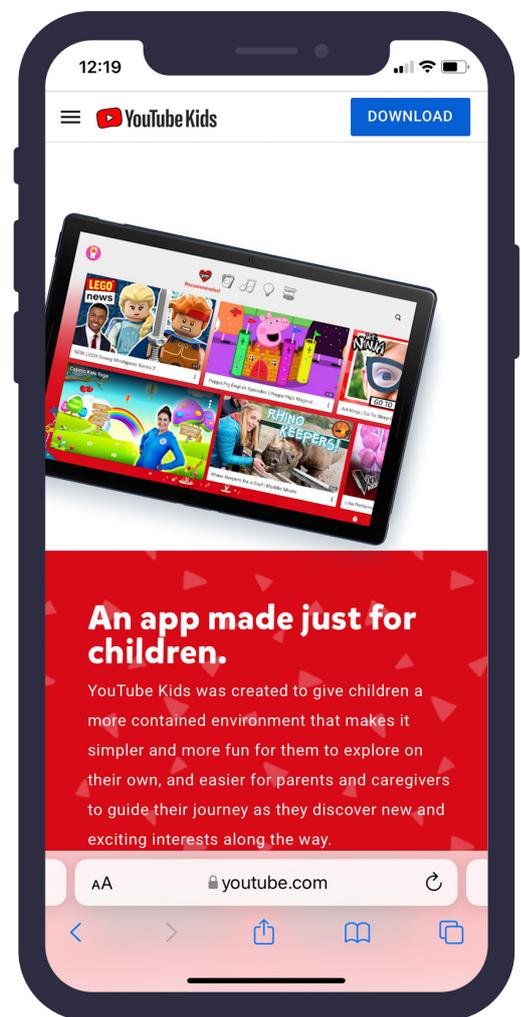
Block a video using these simple instructions:

- Select the video you want to block and then tap on 
- Tap **Block**.
- You can chose from two options, **Block this video only** or **Block entire channel**.

Report

Report a video using these simple instructions:

- Select the video you want to report and then tap on 
- Select **Report**.
- Select your issue and then tap **Report**.



WhatsApp



WhatsApp allows you to send messages, either one-on-one or in a group chat as well as calling and sharing pictures and videos. WhatsApp rules (Terms and Conditions of Service) require you to be 16 or older to use the app. It is important that you really know and trust the contacts you message and share stuff with. Anyone who has your phone number can add you on WhatsApp.

Stay safe on WhatsApp using the instructions on **Privacy, Blocking & Reporting** below.

Privacy

Set your account to private using these simple instructions:

- Open the app & tap Settings in the bottom right corner.
- Tap **Account** and then **Privacy**.
- Tap **Last Seen, Profile Photo, About, Groups** and **Status** to change your settings for each option.

Block

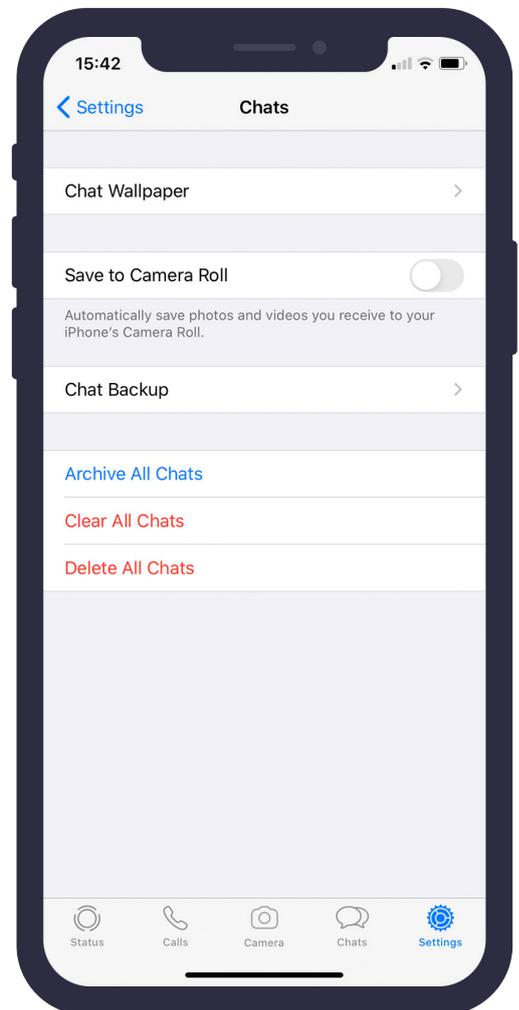
Block a user using these simple instructions:

- From your conversation, tap on the users name at the top to access their contact info.
- Scroll down and tap on **Block Contact**.
- Tap on **Block**.

Report

Report a user using these simple instructions:

- From your conversation, tap on the users name at the top to access their contact info.
- Scroll down and tap on **Report Contact**.
- Tap on **Report** and then follow the instructions.



TikTok



TikTok is a free social media platform used to create and share short videos. TikTok rules require the user to be 13 or older to use it and with parental consent if you're under 18. Users are able to create videos of themselves lip-syncing that can last up to 60 seconds. You are able to watch other user's streams & videos, you may be exposed to inappropriate content.

Stay safe on TikTok using the instructions on their **Digital Wellbeing** section, **Blocking** & **Reporting** below.

Digital Wellbeing

Set up Restricted Mode, Screen Time Management on your TikTok app:

- Tap on  in the bottom right corner of the app.
- Tap on  in the bottom right corner of the app.
- Scroll down and tap on **Digital Wellbeing**.

Block

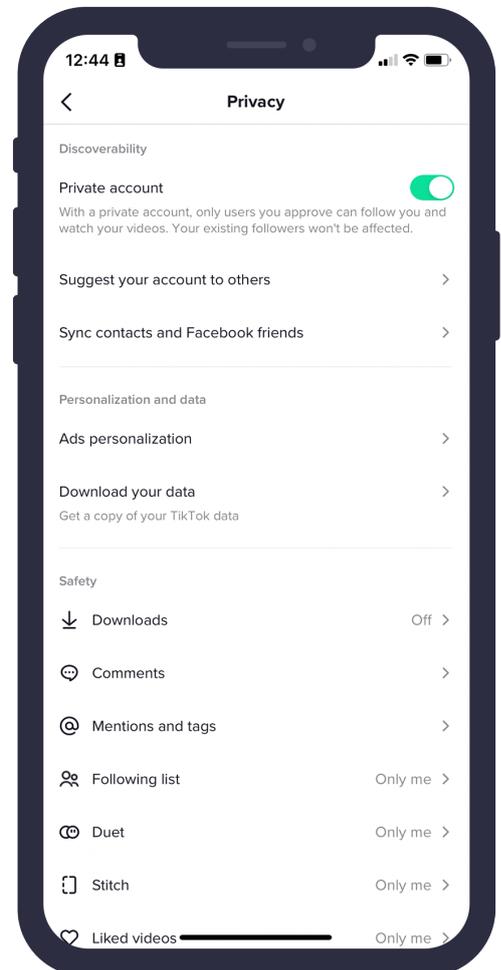
Block a user using these simple instructions:

- Go to the profile of the user you wish to block.
- Tap on 
- Tap on **Block** and then confirm.

Report

Report a user using these simple instructions:

- Go to the profile of the user you wish to report.
- Tap on  and then select **Report**.
- Select **Report Account** or **Report Content**.
- Select the reason you are reporting and hit **Submit**.



Snapchat



Snapchat is a social media platform used to share photos, messages and short videos. Users can configure how long their friends can see the images and videos they share. Content can be customised with filters, text and stickers. If the content is sent directly, it will disappear after it is viewed. Alternatively, if a user uploads content to their Story it will remain visible for 24 hours.

Stay safe on Snapchat using the instructions on **Privacy, Blocking & Reporting** below.

Privacy

Activate Ghost Mode on your Snapchat account:

- Open the app and tap on  in the bottom navigation bar.
- Tap on  in the top right corner.
- Swipe right on **Ghost Mode**. This is **Ghost Mode** now activated.

Block

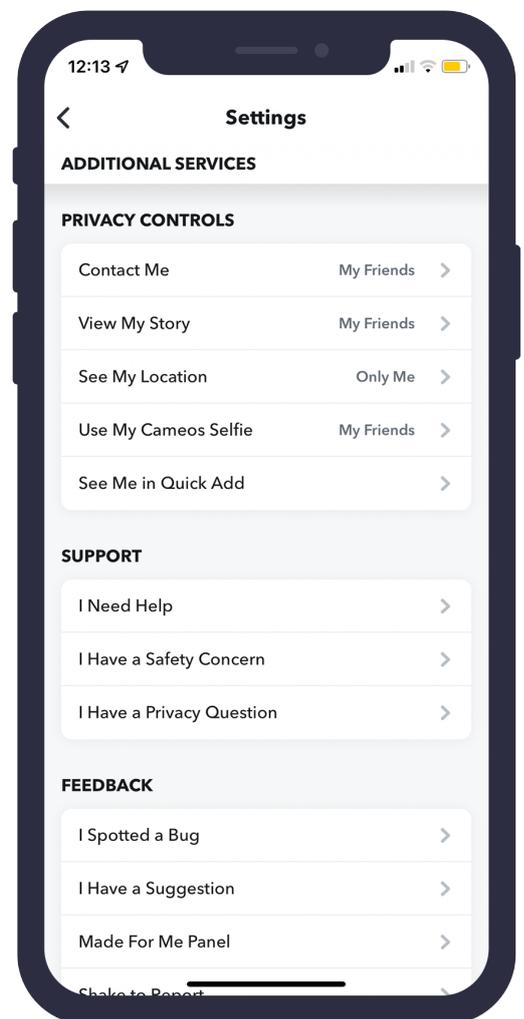
Block a user using these simple instructions:

- Swipe left once you open the app.
- Select the contact you want to block and the tap .
- Tap **Manage Friendship** and then **Block**.

Report

Report a user using these simple instructions:

- Swipe left once you open the app.
- Select on the contact you want to report and then tap .
- Tap **Manage Friendship** and then **Report**.



The PlayStation 5 (PS5) launched on the 15th of November 2020. Although different games carry different risks, PlayStation offers extensive parental controls for the PS5 to ensure a safer and more secure experience for children and young people in your care.

Parental Controls

If your child or young person is receiving a PS5 as an upgrade from the PS4, simply sign in with the same PlayStation Network. Your previously chosen parental controls from the PS4 will remain in place.

To access parental controls, you will need to use an internet browser to create your own account for PlayStation Network as well as an account for each child. By setting up your child's account, you will automatically be designated as the family manager, ensuring full control over settings. **Make sure you adjust settings to stop children from changing parental controls themselves.**

To change Parental Settings on the Playstation Network:

- Sign in to your PlayStation Network account online.
- Go to **Settings**.
- Select the Family and Parental Controls and then Family Management.
- Select the account you wish to alter.



Here you can find the following features:

- Parents can choose to a preset restriction for 3 levels including; **child, early teens, and late teens or older.**
- Age Restrictions for all purchases can be set by a parent or carer.
- Parents can configure how long children and young people can play a PlayStation console with playtime restrictions.
- Playstation allows parents to turn off any features that facilitate in-game communication with other players. This can be turned on and off for specific games.
- Parents can set monthly spending limits on the account, to ensure no nasty surprises or 'bill shocks'.
- Playstation now offers the use of Virtual Reality (VR) headsets, please note these are not for use by any child under the age of 12 years old.
- You can also turn off internet browsing.

To block a user on your PlayStation Network follow these steps:

1. Select your local user account, press up on the control pad to access the **Function menu** and select **Friends**.
2. Either search for the online ID or select the user from your Friends list that you want to block.
3. Select **Options** and then **Block** to add the user to your 'Players Blocked' list.



To report a user on your PlayStation via their profile:

1. Open the **Player's** profile.
2. Press the Options button on your controller.
3. Select **Report**.
4. Choose **Something in Profile**.
5. Select the reason you're **reporting** the **player**, and then follow the instructions to complete the **report** and submit it directly to Sony.



Xbox Series X and S



The Xbox Series X and the Xbox Series S, are the latest home video consoles to be released by Microsoft. The Xbox series X is considered higher-end hardware, with the ability to display high-resolution graphics than it's Series S counterpart.

Both consoles were released in November 2020 and are expected to be a major competitor against the latest PlayStation 5, as the two platforms have regular footing for dominance in the games market.

Parental Controls

Xbox offers all families access to the Xbox Family Settings App, where users can set up a family group for managing all accounts and has the following features:

- Manage screen time and set limits on how long children and young people in your care can play. This can also be supplemented by weekly reports to provide insight.
- The **Ask a Parent** feature means parents receive an email when a child or young person in their care wants to purchase something. IF parents or carers choose, they can purchase it. You can also create a passkey to limit purchases or set up an allowance.
- Filter all content based on PEGI Rating systems.
- Manage what a child or young person in your care can do such as play online games, create and join clubs, add friends or engage in chat.
- You can choose who can communicate with children and young people in you care and modify shared information via their profiles.



Blocking users on the new Xbox is very simple. Just follow these steps:

1. Press the **Xbox**  **button** on the controller.
2. Select **people** and then the username of the person you wish to block, if this person is not on the friend's list, they will appear under recent players or you can search their username via **Find Someone**.
3. Select the **profile** and select **block**.



To report a user:

1. Press the **Xbox**  **button** on the controller.
2. Select **people** and then the username of the person you wish to block, if this person is not on the friend's list, they will appear under recent players or you can search their username via **Find Someone**.
3. Select the **profile** and select **Report**.



Nintendo Switch



The Nintendo Switch was launched back in 2017 but continues to be popular. The console was the first 'Hybrid', meaning it was both portable and for home use. The console actually has a built-in screen, making it extremely popular with gamers of all ages.

Parental Controls

Nintendo has designed an App called 'Nintendo Switch Parental Controls', specifically for parents to ensure a safer experience on the Switch. In this App, after making an account, you can take advantage of the following parental control settings:

Here you can find the following features:

- Parents can control how long children and young people are allowed to play the Nintendo Switch. Parents can set time limits and an in-game alarm will let the young gamer know their time is up.
- Monitor what type of games a child or young person is playing via reports.
- Parents can choose to restrict certain games, based on PEGI Ratings.
- There is a feature to stop children and young people from posting screenshots taken on the Nintendo Switch to social media platforms.
- Restrict the ability to communicate with other players. This can be done on a game by game basis too.



Users can choose to block another user through the following actions:

1. Select user Icon via the Home menu and then press **Add Friend**.
2. From here, users select **search for users you've played with** which will deliver a list of all players.
3. From this list, identify the user you wish to block and select **block** and then **block** again to confirm.



In order to report a player, you must download the Nintendo Switch Online app on a smart device.

1. From your main menu, select your **vault**.
2. Select the **Records** square.
3. Select the player you wish to report and press A on your Nintendo Switch.
4. Add in your reasoning for making the report and then select **report** to submit.

